

# FALL ARREST AND PROTECTION



min. 6 participants

**REFRESHER**



## LOCATION:



On-Site



Classroom  
Facilities



Safety  
Bus

## COURSE CONTENT

- ◆ Fall-arrest system
- ◆ Ladders, Scaffolds, and other equipment
- ◆ Warning Signs, Barriers, and covers
- ◆ Lanyards
- ◆ Anchor Points
- ◆ Connecting Devices
- ◆ Bottoming Out
- ◆ Pendulum Effect
- ◆ Rescue Planning

## MANDATORY TRAINING

For anyone who works off ladders or at heights that exceed 3 meters or 10 feet in a non-construction environment



[www.thesafetybus.com](http://www.thesafetybus.com)

✓ **Chief Prevention Officer**  
Accredited Training Provider

✓ **TSSA**  
Accredited Training Provider



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